

CINQ MŌNDES
PARIS

treatment
menu

HAPPINESS WITHIN THE SKIN

“ Cinq Mondes offers you
the opportunity to deeply
regenerate your body
and mind, to get back to
a perfectly balanced state
of being, even down to the
cells in your skin:
Happiness
within the skin. ”





The Cinq Mondes Adventure

Since its inception in Paris in 2001, CINQ MONDES has resolutely specialized in professional spa treatments inspired by traditional medicines. The brand revamps beauty rituals from around the world with its characteristic refinement, efficacy, and appeal to the senses. Its treatments address not just the skin and body, but also energies and emotions. Our team of spa-therapists and facialists have adapted these regenerating and balancing techniques, originally from various different continents, to offer you a fully immersive, holistic break from your everyday life.



the face

Each of our Facials is a technical yet relaxing experience that brings out the beauty in everyone. Each of the Cinq Mondes products used during the treatment respects the principle of Skin Dietetics®, offering targeted and tailored effectiveness. An exclusive manual, needle-free acupuncture technique called Dermapuncture® paired with massage techniques from traditional medicine around the world will relax the features of the face, neck, and chest deeply.

KO BI DO facials

You can only find this incredible Facial at our Spas.
As its name implies, it is an extremely sophisticated facial massage originally from Japan. Ko means old, Bi means facial beauty, and Do means the right action.

KO BI DO 1hr20 - CHF 250

GLOBAL ANTI-AGING

This exceptional treatment combines powerful Géo extract with Dermapuncture® techniques and a jade Ridoki roller for a truly natural facelift.

KO BI DO 50min - CHF 160

REDENSIFICATION

This wrinkle-reducing treatment acts deeply on the face and neck, leaving the skin toned, smoothed, and plumped.

KO BI DO 20min - CHF 85

INSTANT YOUTHFULNESS

This treatment using natural facelift techniques, is suitable for the face's most delicate areas, and provides immediate results.

Facials

Each of our Facials is a technical yet relaxing experience that brings out the beauty in everyone. Each of the Cinq Mondes products used during the treatment respects the principle of Skin Dietetics®, offering targeted and tailored effectiveness.

Balinese Flowers and Fruits Massage 1hr20 - CHF 250

PERFECT RADIANCE

This treatment will leave the skin truly blemish free and the complexion radiant, thanks to oxygenation techniques that combine natural active ingredients from tropical flowers and fruit acids (AHAs).

Five Balinese Flowers Massage 50min - CHF 160

PLUMPING MOISTURIZER

Originally from Bali, this treatment's blend of five tropical flowers moisturizes deep down, balances out the skin's microbiota, and brightens the skin. Massaging the face, neck, and trapezius muscles releases all the tension from everyday life.

Balinese Flowers Massage 20min - CHF 85

RADIANCE BOOST

Enjoy this radiance-boosting treatment's delicate tropical flower fragrance and discover the benefits of primary treatments, for cleansed skin and a radiant complexion.





the body

Invite your senses to discover the benefits of the best massages from around the world, passed down over many generations. Each one will carry your senses away, across time and space, to Bali, India, North Africa, and more. They will leave you deeply renewed in body and mind. Let yourself be transported by the heady fragrances and enchanting textures, for a long-lasting feeling of calm.

Preparatory treatments

To begin your Spa experience, check out our preparatory body treatments* and revel in a sacred moment for your body and mind. Sensory body scrubs for soft, delicately perfumed skin that is ready to receive the benefits of your body massage. **Preparatory treatments (20 min) are only sold in conjunction with another treatment.*

SCRUBS

Spiced Aromatic Scrub 20min - CHF 85

ENERGIZING

Treat yourself to this exfoliating treatment inspired by the island of Java. It uses spices and sea salts, whose delicate fragrances will captivate you and leave your skin soft and silky smooth.

Papaya Purée Scrub 20min - CHF 85

SENSORY

Discover this exfoliating treatment from Siam that uses our smooth fine-grained Papaya Purée. It will exfoliate your skin gently and leave it softer than ever.

Sublime Tahitian Monoi Scrub 20min - CHF 85

SUBLIME SMOOTHING

Treat yourself to this skin-smoothing treatment with organic Monoi, Tiaré flowers, sugar, and coconut powder, inspired by Polynesia and suitable for sensitive skin.
The Sublime Scrub, Sublime Body & Hair Oil, and Sublime Body Balm are Cosmébio labeled.

Full-body massages

Invite your senses to discover the benefits of the best massages from around the world, passed down over many generations. Each one will carry your senses away, across time and space, to Bali, India, North Africa, and more. They will leave you deeply renewed in body and mind. Let yourself be transported by the heady fragrances and enchanting textures, for a long-lasting feeling of calm.

Traditional Oriental Massage 20/50min/1hr20 - CHF 85/160/250

SENSORY

This full-body massage with warmed argan oil will transport you to the heart of North African tradition. You will be wrapped with slow, deep movements that will make you feel true bliss.

Indian Ayurvedic Massage 50min/1hr20 - CHF 160/250

PROFOUNDLY INVIGORATING

Enjoy this invigorating hot-oil massage inspired by traditional Abhyanga. The energetic, alternating pace will release any tension and relax your muscles.

Sublime Bola Massage 50min - CHF 160

PREGNANT WOMEN

Discover the gentle smoothing and massages that will help you serenely welcome the changes of your body during pregnancy.

NEW: You can add a 20-minute workshop for your partner to the treatment. The Spa-therapist will teach the partner how to massage the mom-to-be's back in an inviting atmosphere, perfect for sharing precious moments.

This massage can be done several times and at different stages of your pregnancy.

Udarabhyanga Massage 50min - CHF 160

DETOXIFYING

Ease the tension in your body and stomach with deep and invigorating techniques inspired by Traditional Indian Medicine to detoxify and liberate your body.

Sublime Polynesian Massage 50min/1hr20 - CHF 160/250

LET IT ALL GO

A massage passed down by Polynesian healers with the slow rhythms of Lomi-Lomi.

The delicate notes of the Tiaré flower will accompany you all throughout this relaxing experience.

Massage done with heated Sublime Body & Hair Oil and Sublime Body Balm, which are Cosmébio labeled.



Specific Treatments

For her

BEAUTIFUL HANDS AND FEET

The hands treatment CHF 130

The feet treatment CHF 130

Gel Color extra-charge CHF 30

Nail polish Application CHF 60

Application of semi-permanent nail polish CHF 90

Nail polish semi-permanent removing CHF 30

HAIR REMOVAL

Eyebrows CHF 30

Underarms CHF 45

Classic bikini CHF 55

Brazilian or complete bikini CHF 85

Half legs CHF 70

Complete legs CHF 95

Half arms CHF 55

Lip or chin CHF 20

Face CHF 55

Half legs/classic bikini/underarms CHF 115

Legs/classic bikini/underarms CHF 135

Extra brazilian or complete bikini package +CHF 25

For him

BEAUTIFUL HANDS AND FEET

The hands treatment CHF 95

The feet treatment CHF 95

HAIR REMOVAL

Back or Chest CHF 85

Underarms CHF 45

Nose or ears CHF 20

Complete legs CHF 95

Children Spa

Child/Parent session 20min - CHF 170

Allow your child to discover the world of massage and share a moment in a double cabin for a true moment of complicity.

Child Facial 20min - CHF 85

As well as a delicious and playful facial treatment, this also involves learning about a good facial daily routine.

My First Massage 20min - CHF 85

A massage specifically tailored for children using warm, delicately scented and skin-friendly oil, to allow your child to experience his or her first serenity moments. This back, arm and facial massage will transport your child into a well-being bubble.

Princess Hands 20min - CHF 85

Get cute up till the end of your fingertips ! This manicure consists in filing and moisturising to nourish and repair the skin. And the icing on the cake, a light coat of water based nail polish, which disappears like magic with warm water.

The Cinq Mondes world



Spa gift certificates

Give your guest a Spa Gift Certificate* and introduce them to the joys of a Cinq Mondes experience. They will therefore be able to choose their own treatment according to the duration you chose. You can also give your gift more of a personal touch by giving a Spa Gift Certificate along with a gift box of cosmetic products. The recipient will be able to step into the world of Spa treatments and well-being right away. **Nominative and numbered; non-reimbursable and valid for a treatment done in the year following the date of purchase. We charge the indicated treatment time. The Customer can choose to buy products instead of doing a treatment.*

Spa guide

Cinq Mondes offers massages stemming from Rituals from around the world, thus providing wellness and relaxation treatments. The Spa is not a medical facility and all the treatments on offer there only aim to boost your well-being. The massages are not meant to provide any kind of medical benefit. They are treatments for well-being and beauty, with no therapeutic purpose.

The Spa treatments are only intended for people in good health. Please inform us of any health problem, allergy, or injury that may affect your treatment or the use of the Spa's equipment in any way. If you have any doubts, contact your doctor before booking anything. Use of the Hammam may be contraindicated due to health reasons.

We have come up with special treatments just for moms-to-be. Please don't hesitate to ask the staff at the Spa's reception desk for help in choosing the right treatments for this special time in your life. Only from the fourth to the end of the eighth month of pregnancy.

All of our treatments are co-ed. You can choose to share this blissful moment with anyone you would like in your double suite. Please contact the spa for more information. The indicated treatment times correspond to the actual treatment times. Please plan for 30 min, 1 hr, or 1 hr 30 min for a 20 min, 50 min, or 80 min treatment, respectively.

Please be on time. We recommend that you arrive 15 minutes before your treatment starts to make sure you are as relaxed and satisfied as possible. We will have the opportunity to give you a welcoming ritual and to present you with a questionnaire to prepare you for your treatment. If you are late, it will be taken out of your treatment time.

If you wish to change or cancel a treatment, please contact the Spa directly at least 24 hours before the time your treatment is set to start. If you cancel within 24 hours of your appointment, we will bill the treatment in full. We will ask for your debit or credit card number when you make a reservation for this reason.

Our spa is a space dedicated to peace and relaxation. Please turn off your cell phone, respect the tranquil ambiance, and fully enjoy your experience. Smoking is prohibited inside the Spa.



OPENING HOURS

From Monday to Friday: 10 am - 8 pm
Saturday and Sunday: 9 am - 7 pm

CONTACT

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